

Mindful Colouring Book

COLOURING PAGES FROM

The Rhythm of Numbers



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Welcome!

*Thank you for downloading these sample colouring pages from **The Rhythm of Numbers**.*

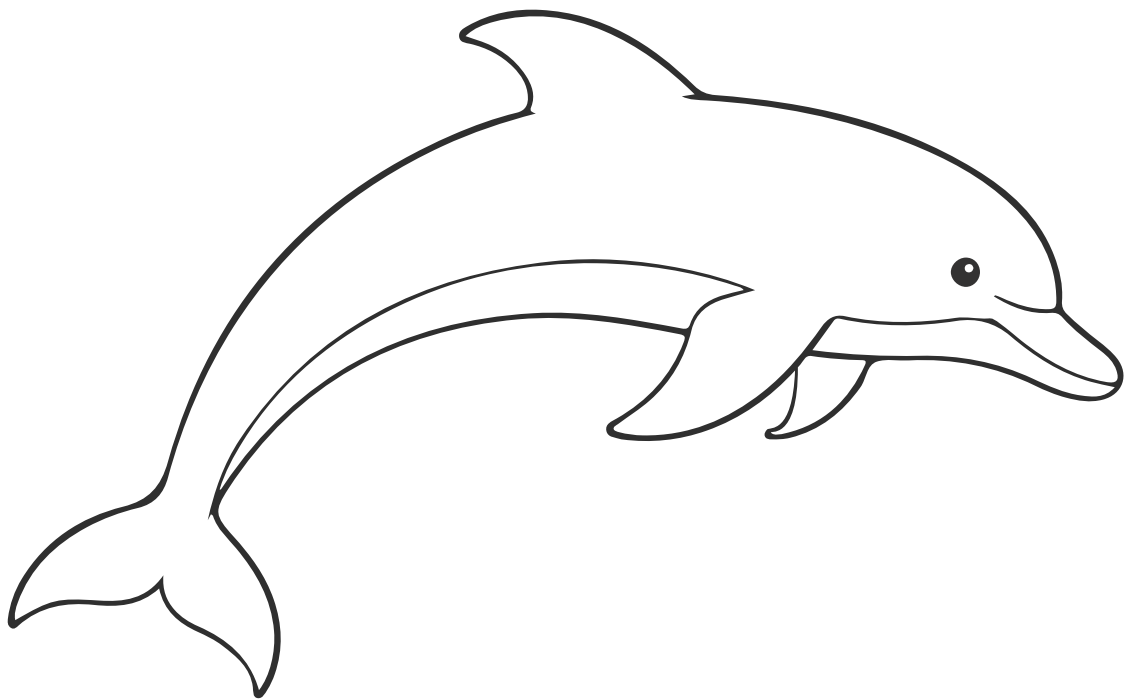
This book explores numbers through patterns, shapes, cultural motifs, and natural forms. Inspired by visual traditions from around the world, the designs invite calm focus, creativity, and mindful exploration through colouring and tracing.

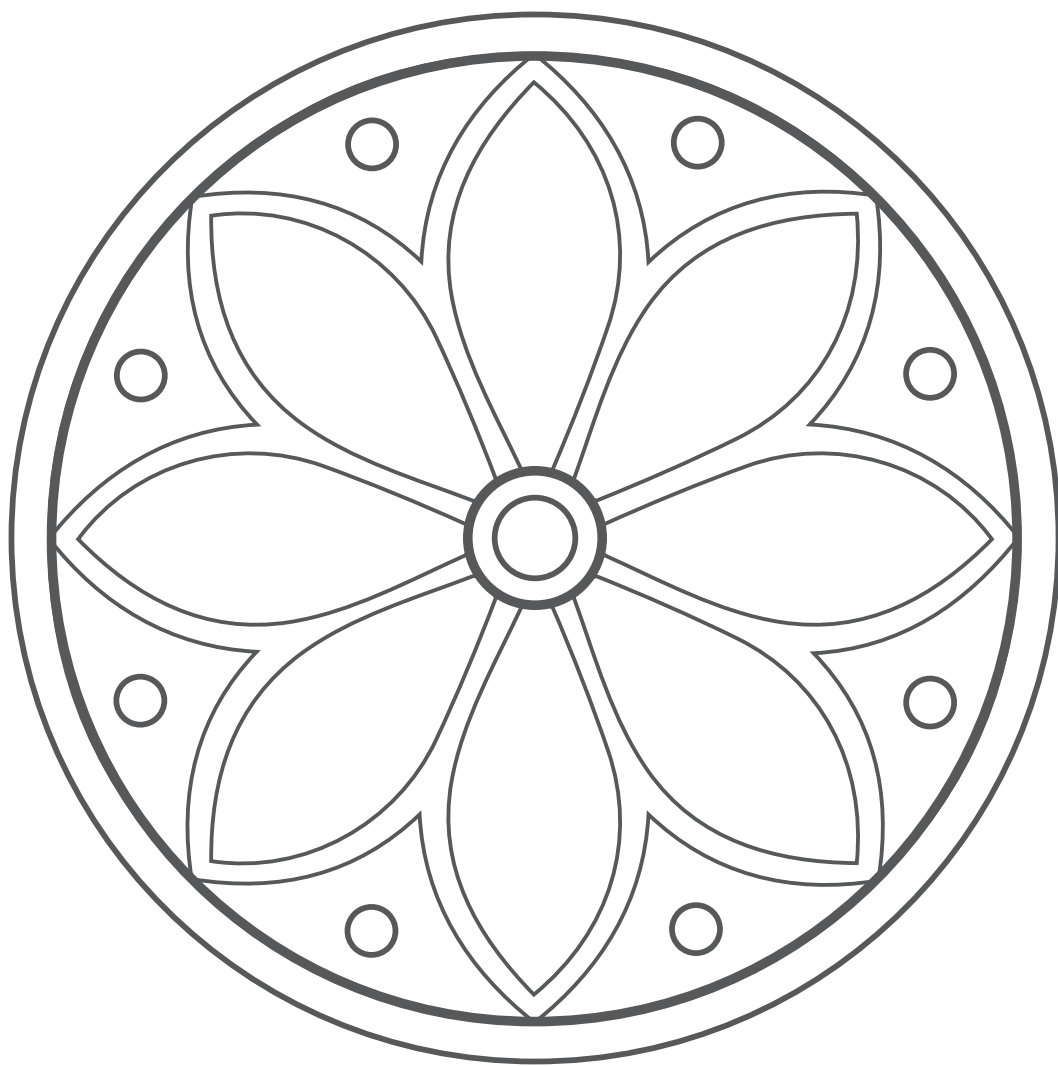
I hope these pages bring you moments of relaxation, curiosity, and creative flow.

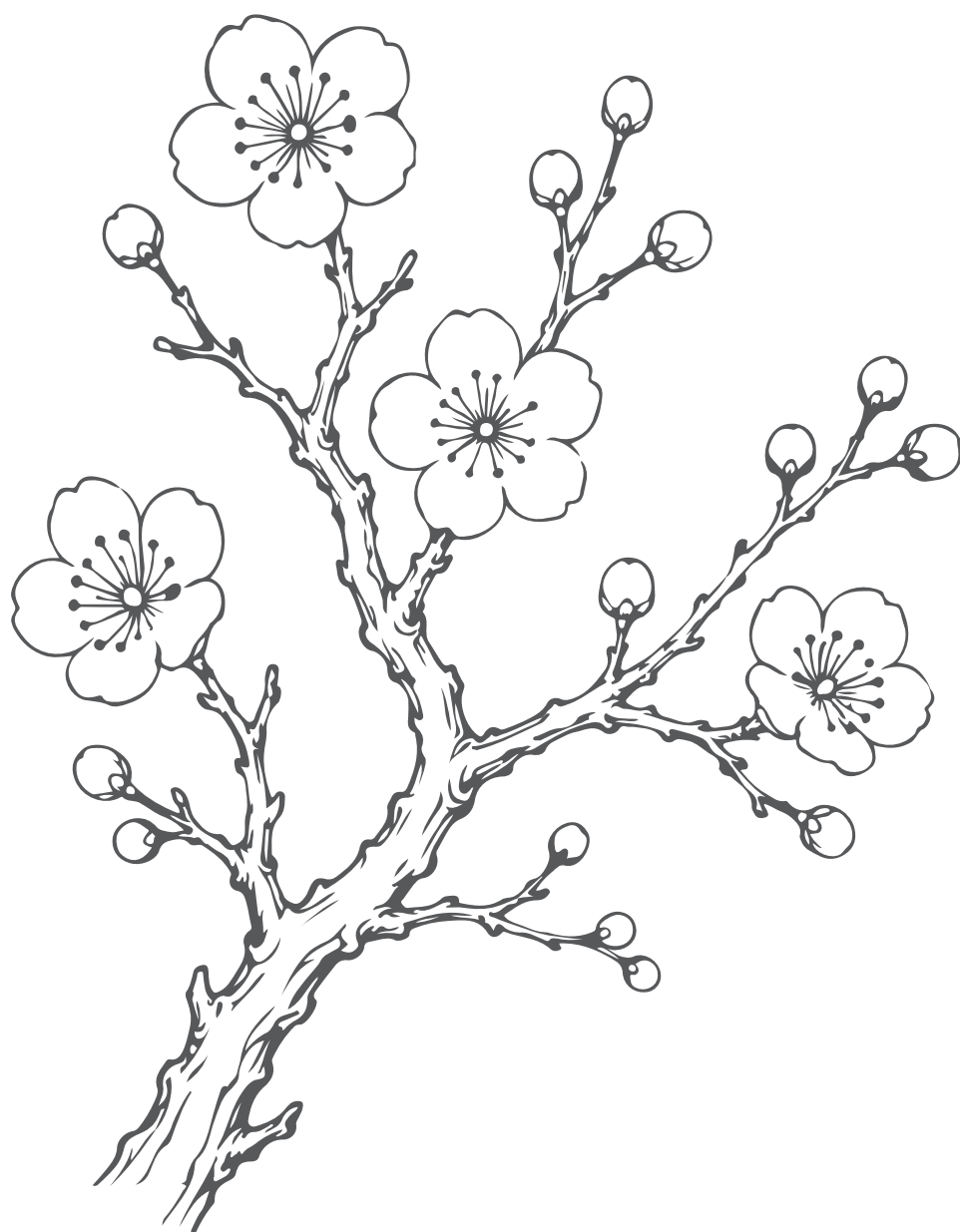
Enjoy your colouring time!

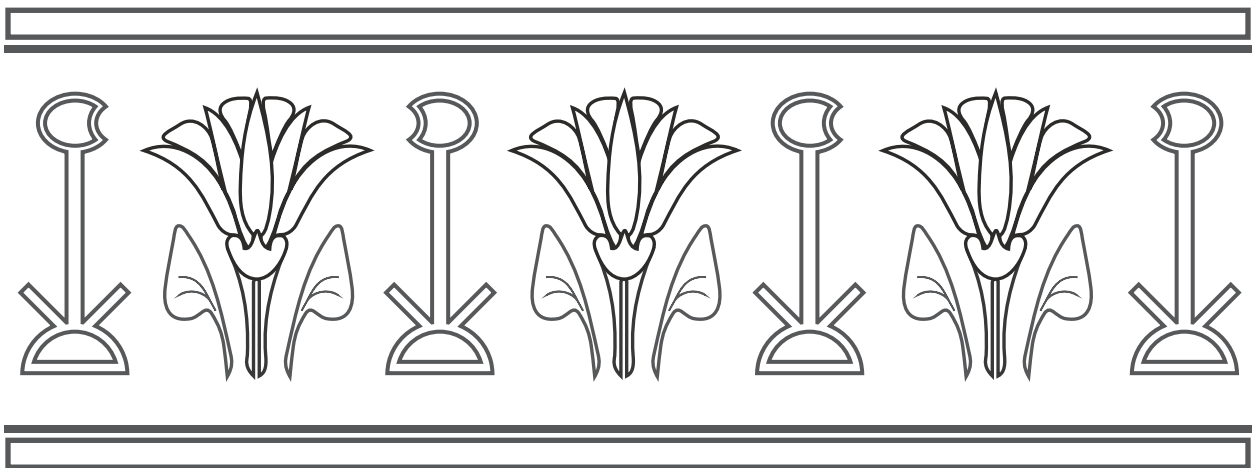
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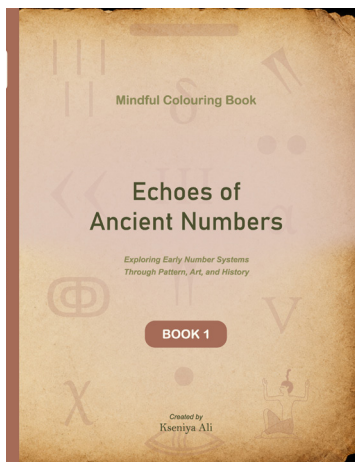




Explore the Full Collection

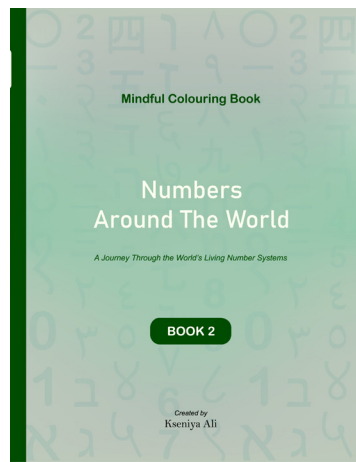
Thank you for spending some colouring time with me.

These books were created to offer calm, creativity, and mindful moments through numbers, symbols, patterns, and design. Each book in the series explores a different aspect of numbers, inviting you to discover, explore, and enjoy at your own pace.



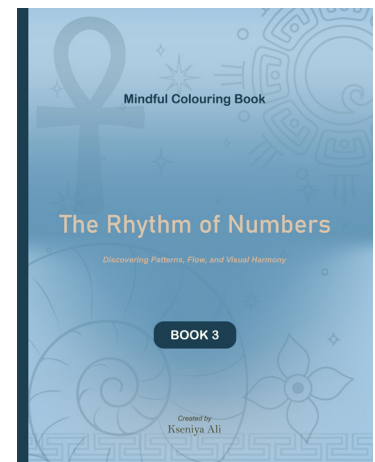
Echoes of Ancient Numbers

Explore numeral systems from ancient Rome, Greece, Egypt, Babylon, and Maya civilizations.



Numbers Around the World

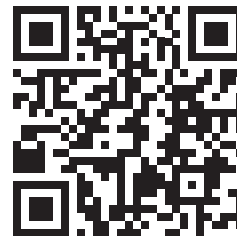
Discover numeral systems and scripts from different cultures and traditions across the globe.



The Rhythm of Numbers

Enjoy patterns, shapes, symbols, and numeral-inspired designs through colouring, tracing, and creative flow.

Scan the QR code to explore the full collection, discover future releases, and learn more about the artist.



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